

HOME CARE AIDE CURRICULUM

MODULE 1 Home Care

- MODULE 1-A The history of Home Care/Home Health
- MODULE 1-B Disciplines involved in Home Care
- MODULE 1-C The Home Care Aide's role in Home Care
- MODULE 1-D Supervision of the Home Care Aide

MODULE 2 Legal and Ethical Issues

MODULE 3 Personal Safety

- MODULE 3-A Rights as an employee and harassment
- MODULE 3-B Unsanitary working environment
- MODULE 3-C Travel safety
- MODULE 3-D Safety in the patient's home and chemical hazards
- MODULE 3-E Violence, gangs, and/or possible drug activity in the patient's home

MODULE 4 Person-Centered Care

MODULE 5 Culture

MODULE 6 Age Appropriate Care

MODULE 7 Infection Control in the Home

MODULE 8 Providing Care for the Patient's Environment

MODULE 9 Time Management

MODULE 10 Relationships with Patients and/or Family

MODULE 11 Communication

- MODULE 11-A Patient and family
- MODULE 11-B Co-workers and supervisors
- MODULE 11-C Reporting and recording
- MODULE 11-D Confidentiality and HIPAA

MODULE 12 Emergency Preparedness

- MODULE 12-A Planning for a disaster
- MODULE 12-B Planning for inclement weather

HOME CARE AIDE CURRICULUM

MODULE 12-C Responding to an emergency in the home

MODULE 12-D Fire safety

MODULE 13 Patient Safety

MODLUE 13-A Fall prevention and response

MODULE 13-B Equipment safety

MODULE 13-C Patient Abuse

MODULE 14 Nutrition

MODULE 14-A My pyramid

MODULE 14-B Special diets and reading food labels

MODULE 14-C Food safety and meal preparation

MODULE 14-D Grocery shopping

MODULE 14-E Hydration

MODULE 15 The Home Care Aide's Role in Providing Care for the Most Common Diseases Seen in Home Care

MODULE 16 Restorative Care

MODULE 16-A The Home Care Aide's role in restorative care

MODULE 16-B Adaptive equipment

MODULE 16-C Home modifications

MODULE 17 Alzheimer's Disease

MODULE 17-A Differences between delirium and dementia

MODULE 17-B Disease progression

MODULE 17-C Helping/skill building/meaningful day/problem solving

MODULE 18 Pain Management

MODULE 18-A Role of the Home Care Aide in Pain Management

MODULE 19 Mental Health

MODULE 19-A Signs and symptoms of mental illness

MODULE 19-B Causes, symptoms, and treatment

HOME CARE AIDE CURRICULUM

MODULE 19-C The Home Care Aide's role in helping patients manage symptoms and illness

MODULE 20 Understanding Challenging Behaviors

MODULE 20-A Key concepts in assisting older adults

MODULE 20-B Triggers to challenging behaviors

MODULE 20-C Using good communication skills and problem solving

MODULE 21-D The Home Care Aide's role with angry, agitated and/or combative patients

MODULE 21 Palliative Care

MODULE 21-A Overview and philosophy of care

MODULE 21-B Goals of palliative care

MODULE 22 End of Life Care

MODULE 22-A Hospice care

MODULE 22-B The Home Care Aide's role in providing care to the dying patient

MODULE 22-C The Home Care Aide's role in working with the patient's family

MODULE 22-D Cultural diversity related to end of life care

MODULE 23 Stress Management for Home Care Aides – escalating behavior included

MODULE 24 The Role of the Home Care Aide in Medication Administration

MODULE 25 Health Care Personnel Registry

MODULE 25-A Required reporting

MODULE 25-B Renewals

MODULE 25-C Career paths